

# Metro Homeless Youth

## GENERAL NEEDS LIST



- **Gift cards** (please make sure the value is written on the card)
  - **Marshalls** (\$25 to \$50 cards)
  - **Target, Cub, Rainbow, Walmart** (\$10 to \$50 cards)
  - **Subway, McDonald's, Burger King, Taco Bell, Culver's, Chipotle, Caribou Coffee, Starbucks, etc.** (\$5 and \$10 cards)
- **Visa gift cards**  
(youth can pay cell phone/electric bills, etc. or get exactly what they need)
- **Bus passes**  
Stored Value and 31-Day Passes
- **Hair accessories**  
(hair brushes, hair binders, headbands, etc.) – especially African American hair products (see list on page 2), or gift cards to earth's Beauty Supply or Sally's Beauty Supply.
- **Grooming kits** for young men (nail clippers, nail file, small scissors, etc.)
- **Kitchen items**  
(pots and pans, dishes, silverware, cooking utensils, mixing bowls, kitchen towels, microwaves, toasters)
- **Bath sets**  
(towels, hand towels, rugs, washcloths)
- **Socks** for young men and women (adult sizes)
- **Underwear** for young men and women (adult sizes, all styles)
- **White t-shirts**  
for young men and women (all sizes)
- **Tank tops/under shirts**  
(all sizes, black and white)
- **Slippers and house shoes**  
(all sizes, Men and Women's)
- **Hooded sweatshirts**  
(Men's sizes M-2XL and Women's sizes M-2XL)
- **Sweat pants**  
(Men's sizes M-XL and Women's sizes S-XL)
- **Pajama pants**  
(Men's sizes M-XL and Women's sizes S-XL)
- **Winter jackets**  
(Men's sizes S-XL and Women's sizes S-XL)
- **Headphones**
- **Umbrellas**
- **Air mattresses**
- **Alarm clocks**
- **Baby dolls** and Barbie dolls for kids ages 6 months to 4 years (especially brown skin dolls)
- **Newborn and baby basics** – diapers and wipes, BPA free bottles and pacifiers, baby wash and lotion, crib sheets

If you have any questions about fill-in gifts for our Youth Holiday Gifts, please email [MetroHomelessYouth@lssmn.org](mailto:MetroHomelessYouth@lssmn.org). Complete our [sign-up form](#) to get started. Thank you for your generosity!

## Suggested Hair Products for Youth

Type of Product	Product Option #1	Product Option #2	Product Option #3	Locations Products are Found
<b>Shampoo</b>	<i>Shea Moisture</i> (Any Version)	<i>Carol's Daughter</i> (Any Version)	<i>Mixed Chicks</i> (Clarifying Shampoo)	Sally's Beauty Supply, Target, Wal-Mart, CVS, Walgreens
<b>Conditioner</b>	<i>Shea Moisture</i> (Any Version)	<i>Carol's Daughter</i> (Any Version)	<i>As I Am</i> (Leave-In Conditioner)	Sally's Beauty Supply, Target, Wal-Mart, CVS, Walgreens
<b>Leave-In Conditioner</b>	<i>Cantu</i> (Leave-In Conditioner)	<i>Kinky Curly</i> (Knot Today Natural Leave-In Detangler)	<i>Mixed Chicks</i> (Leave-In Conditioner)	Sally's Beauty Supply, Target, Wal-Mart, CVS, Walgreens
<b>Moisturizer</b>	<i>Alikay Naturals</i> (Shea Yogurt Hair Moisturizer)	<i>TGIN</i> (Butter Cream Daily Moisturizer)	<i>Crème of Nature</i> (Curl Hydrating Buttercreme)	Sally's Beauty Supply, Target, Wal-Mart, CVS, Walgreens
<b>Styler (Curl Enhancer)</b>	<i>Shea Moisture</i> (Coconut & Hibiscus Curl Enhancing Smoothie)	<i>Kinky Curly</i> (Curling Custard)	<i>Eden BodyWorks</i> (Coconut Shea Curl Defining Crème)	Sally's Beauty Supply, Target, Wal-Mart, CVS, Walgreens
<b>Sealant (Oil, Pomade, or Butter)</b>	100% Coconut Oil	100% Jojoba oil	100% Argan Oil	Whole Foods, Trader Joe's, Target, Wal-Mart, CVS, Walgreens
<b>Co-Wash</b>	<i>Cantu Natural</i> (Complete Conditioning Co-Wash)	<i>As I Am</i> (Coconut Co-Wash Cleansing Conditioner)	<i>Crème of Nature</i> (Pure-Licious Co-Wash Cleansing Conditioner)	Sally's Beauty Supply, Target, Wal-Mart, CVS, Walgreens
<b>Deep Conditioner/ Hair Mask</b>	<i>Eden BodyWorks</i> (Jojoba Monoi Deep Conditioner)	<i>TGIN</i> (Honey Miracle Hair Mask Deep Conditioner)	<i>Mixed Chicks</i> (Deep Conditioner)	Sally's Beauty Supply, Target, Wal-Mart, CVS, Walgreens
<b>Styler (Gels/Edge Control)</b>	<i>Eco Styler</i> (Moroccan Argan Oil Styling Gel)	<i>Organic Root Stimulator</i> (Olive Oil Edge Control)	<i>Ampro</i> (Protein Styling Gel)	Sally's Beauty Supply, Target, Wal-Mart, CVS, Walgreens

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### Tools:

- Wide Tooth Combs, Rat-tail combs, Satin Bonnets/Scarves, Small Spray bottles, Soft Bristle Brush, Nonmetal hair ties/Elastics, Bobby pins (Black)  
(Available at Sally's Beauty Supply, Target, Wal-Mart, Walgreens or CVS)