

Welcome Basket

METRO HOMELESS YOUTH SERVICES

Help us welcome young people into LifeHaven, Safe House and Rezek House with a welcome basket!

Youth often arrive with limited supplies. So, we give them baskets — our way of providing new, essential items for them and letting them know that we care about them and are here to support them.

Thank you for your generosity in partnering with us. We request that only new and full size items be included in the welcome baskets.

Baby & Toddler Basket

- · Baby bath
- · Baby bibs
- · Baby clothing
- · Baby lotion
- · Baby nail clipper set
- · Baby shampoo

- Baby towels
- · Bath towel/washcloth
- Books
- Crib sheet set
- Diapers (variety of sizes)
- Pacifier
- Sippy cup/bottle
- · Stuffed animal
- · Toothbrush/toothpaste
- · Wet wipes

Bathroom Baskets

- Bath mat set (non-slip)
- · Bath towel set
- Bathroom set toothbrush holder, soap dish, etc.
- Plastic and fabric shower curtain and hooks
- Toilet brush with holder
- Toilet plunger
- Shower caddies



Cleaning Supplies Baskets

- Air freshener spray
- Aluminum foil, baggies and plastic wrap
- Bleach, dryer sheets and laundry detergent (pod and pack style)
- Broom and dust pan, mop and bucket, sponges
- Garbage cans and bags (kitchen and bathroom sizes)



- Household cleaning supplies (natural and non-toxic)
- Laundry basket(s) and bins
- Toilet tissue, paper towels and napkins

Entertainment and Gift Card Basket

Gift cards - please make sure the value is written on the card.

- TJ Maxx, Marshalls, Burlington \$25 to \$50 gift cards
- Target, Cub, Aldi, Walmart \$10 to \$50 gift cards
- Subway, McDonald's, Burger King, Taco Bell, Culver's, Chipotle, Caribou Coffee, Starbucks, etc. \$5 and \$10 gift cards
- · Bluetooth speakers
- Portable phone chargers
- Tickets to theatre, concerts, movies, sporting events



Kitchen Baskets

- Basic and simple cookbook(s)
- · Colander and mixing bowls
- Cookie sheet, muffin pan, cake pan
- · Dish rack, dish wand and dish soap
- Disposable plates, cups and silverware
- Kitchen towels, dish cloths, sponges

- Kitchen utensils can opener, spatula, wooden spoon, slotted spoons, measuring cups and spoons, etc.
- Knife set and cutting board
- Microwave
- Pot holders and oven mitts
- Pots and pans sets or single items

- · Set of dishes
- Set of glasses not coffee mugs
- · Set of silverware
- Small appliances rice cooker, toaster, etc.
- Tupperware set and beverage pitcher

Linen Baskets

- · Bed pillows
- Blankets (throw and extra bed blankets)



- Comforters (stylish twin, full and queen)
- Sheet sets and mattress pads (twin, full and queen)

Personal Hygiene

Please only donate unused toiletry items; full-size items are preferred.

- · Body and face soap
- Body and face lotion/ cocoa butter
- Culturally appropriate hair products (see hair products list for suggestions)
- Deodorant
- · Face wash

- First aid kits/Band-Aids/ anti-biotic ointment
- Hair dryer/flat iron/curling iron
- Hair tools (see hair products list for suggestions)
- Razors and shaving cream



- Shampoo and conditioner (see hair products list for suggestions)
- · Tampons and pads
- Teeth whitening products
- Toothbrushes and toothpaste
- Tweezers and nail clippers

Coordinating a Donation Drive

Please note that all welcome basket items must be brand-new and unused.

Ideas for a donation drive: Once you have assembled the items you'd like to donate, place each set of items into a large plastic storage container or laundry basket. The youth we serve can later use these to store and transport their belongings!

Another option is providing for an entire apartment by supplying one basket from each category to make their new place feel like home.

Questions?

Please contact us at <u>metrohomelessyouth@lssmn.org</u>. Please allow a 1-2 business days for a response.

We appreciate your support!

Suggested Hair Products for Youth

Type of Product	Product Option #1	Product Option #2	Product Option #3	Locations Products Are Found
Shampoo	Shea Moisture (Any Version)	Carol's Daughter (Any Version)	Mixed Chicks (Clarifying Shampoo)	Sally's Beauty Supply, Target, Walmart, CVS, Walgreens
Conditioner	Shea Moisture (Any Version)	Carol's Daughter (Any Version)	As I Am (Leave-In Conditioner)	Sally's Beauty Supply, Target, Walmart, CVS, Walgreens
Leave-In Conditioner	Cantu (Leave-In Conditioner)	Kinky Curly (Knot Today Natural Leave-In Detangler)	Mixed Chicks (Leave-In Conditioner)	Sally's Beauty Supply, Target, Walmart, CVS, Walgreens
Moisturizer	Alikay Naturals (Shea Yogurt Hair Moisturizer)	TGIN (Butter Cream Daily Moisturizer)	Crème of Nature (Curl Hydrating Buttercreme)	Sally's Beauty Supply, Target, Walmart, CVS, Walgreens
Styler (Curl Enhancer)	Shea Moisture (Coconut & Hibis- cus Curl Enhancing Smoothie)	Kinky Curly (Curling Custard)	Eden BodyWorks (Coconut Shea Curl Defining Crème)	Sally's Beauty Supply, Target, Walmart, CVS, Walgreens
Sealant (Oil, Pomade, or Butter)	100% Coconut Oil	100% Jojoba oil	100% Argan Oil	Whole Foods, Trader Joe's, Target, Walmart, CVS, Walgreens
Co-Wash	Cantu Natural (Complete Conditioning Co-Wash)	As I Am (Coconut Co-Wash Cleansing Conditioner)	Crème of Nature (Pure-Licious Co-Wash Cleansing Conditioner)	Sally's Beauty Supply, Target, Walmart, CVS, Walgreens
Deep Conditioner/ Hair Mask	Eden BodyWorks (Jojoba Monoi Deep Conditioner)	TGIN (Honey Miracle Hair Mask Deep Conditioner)	Mixed Chicks (Deep Conditioner)	Sally's Beauty Supply, Target, Walmart, CVS, Walgreens
Styler (Gels/Edge Control)	Eco Styler (Moroccan Argan Oil Styling Gel)	Organic Root Stimulator (Olive Oil Edge Control)	Ampro (Protein Styling Gel)	Sally's Beauty Supply, Target, Walmart, CVS, Walgreens

Tools:

 Wide tooth combs, rat-tail combs, satin bonnets/scarves, small spray bottles, soft bristle brush, nonmetal hair ties/elastics, bobby pins (black) (Available at Sally's Beauty Supply, Target, Walmart, Walgreens or CVS)